

# Solid Rock Café Lunch Menu

# May 2018

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	<ul style="list-style-type: none"> <li>• Chicken Pie</li> <li>• M.P. &amp; Gravy</li> <li>• Green Beans</li> <li>• Yeast Roll</li> <li>• Peaches</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Nachos, Beef &amp; Cheese</li> <li>• Beans</li> <li>• Corn</li> <li>• Strawberries</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sausage Gravy &amp; Biscuits</li> <li>• Yogurt</li> <li>• Banana</li> <li>• Tater Tots</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Papa John's Pizza</li> <li>• Salad Bar</li> <li>• Watermelon</li> <li>• Chocolate Chip Cookies</li> <li>• Milk</li> </ul>
7	8	9	10	11
<ul style="list-style-type: none"> <li>• All Beef Hotdogs &amp; Chili</li> <li>• Chips</li> <li>• Baked Beans</li> <li>• Pears</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• French Toast Sticks</li> <li>• Bacon</li> <li>• Yogurt</li> <li>• Apple Fritters</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Patty Sandwich with toppings</li> <li>• Onion Rings</li> <li>• Grapes</li> <li>• Veggies &amp; Dip</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Tenders</li> <li>• Twister Fries</li> <li>• Green Beans</li> <li>• Tropical Fruit</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Papa John's Pizza</li> <li>• Salad Bar</li> <li>• Apple</li> <li>• Ice Cream Cups</li> <li>• Milk</li> </ul>
14	15	16	17	18
<ul style="list-style-type: none"> <li>• Chicken Salad</li> <li>• Croissants</li> <li>• Veggies &amp; Dip</li> <li>• Yogurt</li> <li>• Chips</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Italian Chicken Breasts</li> <li>• M.P. &amp; Gravy</li> <li>• Carrots</li> <li>• Yeast Roll</li> <li>• Peaches • Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Taco Bar</li> <li>• Tortilla Chips</li> <li>• Spanish Rice</li> <li>• Corn</li> <li>• Pineapple</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sloppy Joes</li> <li>• Twister Fries</li> <li>• Green Beans</li> <li>• Cinnamon Applesauce</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Papa John's Pizza</li> <li>• Salad Bar</li> <li>• Oranges</li> <li>• Icee Pops</li> <li>• Milk</li> </ul>
21	22	23	24	25
<ul style="list-style-type: none"> <li>• Corn Dogs</li> <li>• Tater Tots</li> <li>• Veggies &amp; Dip</li> <li>• Pears</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Fried Chicken Drumsticks</li> <li>• M.P. &amp; Gravy</li> <li>• Steamed Broccoli</li> <li>• Yeast Roll</li> <li>• Peaches</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Stew with cheese, crackers, or goldfish</li> <li>• Salad Bar</li> <li>• Grapes</li> <li>• Bread Stick</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Papa John's Pizza</li> <li>• Salad Bar</li> <li>• Watermelon</li> <li>• Chocolate Chip Cookies</li> <li>• Milk</li> </ul>	<p><b>Last Day Early Dismissal</b></p> <p>Lunch served to Preschool only, K-8 , pack a lunch if staying for extended care.</p>
<p><i>Ala Carte healthy snacks may be purchased daily for morning snack or during lunch, and are .50 each. Lunch menu entrée items are \$2 each. Please send in the exact \$ amount.</i></p>		<p><i>Milk is served with a purchased lunch and includes a choice of 2% white or chocolate for K-8<sup>th</sup> grade students. Preschool students receive 2% white milk only.</i></p>		