

Solid Rock Café Lunch Menu

January 2019

Mon	Tue	Wed	Thu	Fri
<p><i>Milk is served with a purchased lunch and includes a choice of 2% white or chocolate milk for K-8th grade students. Preschool students receive 2% white milk only.</i></p>				
<p><i>Ala Carte healthy snacks may be purchased for morning snack or during lunch, and are .50 each. Please send the correct change.</i></p>				
7	8	9	10	11
<ul style="list-style-type: none"> • All Beef Hotdogs & Chili • Chips • Baked Beans • Banana • Milk 	<ul style="list-style-type: none"> • Fish Filet Sandwich & Toppings • Veggies & Ranch • Apple Sauce • Milk 	<ul style="list-style-type: none"> • Fried Chicken Drumsticks • Steamed Mixed Veggies • Peaches • Yeast Roll • Milk 	<ul style="list-style-type: none"> • Tomato Soup • Grilled Cheese Sandwich • Veggies & Ranch • Apple • Milk 	<ul style="list-style-type: none"> • Papa John's Pizza • Salad Bar • Banana • Chocolate Chip Cookie • Milk
14	15	16	17	18
<ul style="list-style-type: none"> • Sloppy Joes • Green Beans • Chips • Pineapple • Milk 	<ul style="list-style-type: none"> • Country Fried Steak (Beef) • M.Potatoes & Gravy • Yeast Roll • Oranges • Milk 	<ul style="list-style-type: none"> • Nachos, Beef, & Cheese • Beans • Tropical Fruit • Milk 	<ul style="list-style-type: none"> • Spaghetti & Meat Sauce • Salad Bar • Garlic Toast • Peaches • Milk 	<ul style="list-style-type: none"> • Papa John's Pizza • Salad Bar • Pudding Cups • Banana • Milk
21	22	23	24	25
<p><u>NO SCHOOL</u></p>	<p><u>Brunch for Lunch</u></p> <ul style="list-style-type: none"> • Sausage Pancake on a Stick • Tater Tots • Yogurt • Grapes • Milk 	<ul style="list-style-type: none"> • Chicken Nuggets • Chips • Veggies & Ranch • Pears • Milk 	<ul style="list-style-type: none"> • Chicken Stew • Hushpuppies • Salad Bar • Apple • Milk 	<ul style="list-style-type: none"> • Papa John's Pizza • Salad Bar • Banana • Brownie • Milk
28	29	30	31	
<ul style="list-style-type: none"> • Corn Dogs • Chips • Veggies & Ranch • Pears • Milk 	<ul style="list-style-type: none"> • Chicken Pie • M.Potatoes & Gravy • Yeast Roll • Peaches • Milk 	<ul style="list-style-type: none"> • Baked BBQ Chicken Drumsticks • Broccoli & Cheese • Bread Stick • Oranges • Milk 	<ul style="list-style-type: none"> • Veggie Lasagna • Salad Bar • Garlic Toast • Apple Sauce • Milk 	<p><u>February 1</u></p> <ul style="list-style-type: none"> • Papa John's Pizza • Salad Bar • Banana • Oatmeal Raisin Cookie • Milk