

Solid Rock Café Lunch Menu

December 2018

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
<ul style="list-style-type: none"> • Beef Fajitas • Tortilla Chips • Corn • Tropical Fruit • Milk 	<ul style="list-style-type: none"> • Baked BBQ Drumsticks • Onion Rings • Broccoli & Cheese • Banana • Milk 	<ul style="list-style-type: none"> • Mac & Cheese • Green Beans • Baked Pretzel Bites • Peaches • Milk 	<ul style="list-style-type: none"> • Chicken Tenders • Corn-on-the-Cob • Apple • Multi-Grain Chips • Milk 	<ul style="list-style-type: none"> • Papa John's Pizza • Salad Bar • Pears • Baked Chocolate Chip Cookies • Milk
10	11	12	13	14
<ul style="list-style-type: none"> • Soft Taco Bar • Tortilla Chips • Spanish Rice • Pineapple • Milk 	<ul style="list-style-type: none"> • Baked Italian Chicken Breasts • Yeast Roll • Green Beans & Corn • Peaches • Milk 	<ul style="list-style-type: none"> • Ham & Cheese Subs on whole wheat • Multi-Grain Chips • Baked Beans • Tropical Fruit • Milk 	<ul style="list-style-type: none"> • Vegetable Lasagna • Salad Bar • Garlic Toast • Oranges • Milk 	<ul style="list-style-type: none"> • Papa John's Pizza • Salad Bar • Apple • Pudding Cups • Milk
17	18	19	20	21
<ul style="list-style-type: none"> • Corn Dogs • Multi-Grain Chips • Veggies & Ranch • Pears • Milk 	<p><u>Christmas Feast</u></p> <ul style="list-style-type: none"> • Baked Honey Glazed Ham • M.Potatoes & Gravy • Y.Roll • Green Beans • Peaches • Milk • Dessert 	<p><u>Brunch for Lunch</u></p> <ul style="list-style-type: none"> • French Toast Sticks • H.Brown Patty • Sausage Links • Grapes • Milk 	<ul style="list-style-type: none"> • Chicken Filet Sandwich & Toppings • Veggies & Ranch • Yogurt • Multi-Grain Chips • Milk 	<p><i>Early Dismissal</i></p> <p><i>Lunch served to Preschool only</i></p>
24	25	26	27	28
** <i>Christmas Break</i> <i>No School</i>	** <i>HAPPY BIRTHDAY JESUS!</i>	**	**	**
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** <i>Return to school on Monday, January 7, 2019</i>		Milk is served with a purchased lunch and includes a choice of 2% white or chocolate milk for K-8 th grade students. Preschool students receive 2% white milk only.	Ala Carte healthy snacks may be purchased for morning snack or during lunch, and are .50 each. Please send the correct change.	