



Milk is served with a purchased lunch and includes a choice of 2% white or chocolate for K-8th grade students. Preschool students receive 2% white milk only. Ala Carte healthy snacks may be purchased daily for morning snack or during lunch, and are .50 each. Lunch menu entrée items are \$2 each. Please send in the exact \$ amount.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

NO SCHOOL

1

- CORN DOGS
- MULTI-GRAIN CHIPS
- GREEN BEANS
- PEARS
- MILK

2

- CHICKEN NUGGETS
- TATER TOTS
- BAKED BEANS
- ORANGES
- MILK

8

NO SCHOOL

15

- MEATBALL MARINARA SUB
- MULTI-GRAIN CHIPS
- VEGGIES & DIP
- STRAWBERRIES
- MILK

22

- CORN DOGS
- GREEN BEANS & CORN
- PINEAPPLE
- YOGURT
- MILK

29

Tuesday

- BAKED ITALIAN CHICKEN
- MASHED POTATOES & GRAVY
- CARROTS
- PEACHES
- YEAST ROLL • MILK

9

- SLOPPY JOES
- SEASONED TWISTER FRIES
- CORN-ON-THE-COB
- CINNAMON APPLE SAUCE
- MILK

16

- CHICKEN STEW
- SIDE SALAD
- CORN BREAD
- PEARS
- MILK

23

- CHICKEN PIE
- MASHED POTATOES & GRAVY
- STEAMED BROCCOLI
- PEACHES
- YEAST ROLL • MILK

30

Wednesday

- CRISPY CHICKEN SANDWICH & TOPPINGS
- VEGGIES & DIP
- CORN-ON-THE-COB
- APPLE • MILK

3

- GRILLED PEPPERONI, MOZZARELLA CHZ. SANDWICH & MARINARA SAUCE
- VEGGIES & DIP • PEARS
- FRENCH FRIES • MILK

10

- CHICKEN ALFREDO WITH STEAMED BROCCOLI
- SIDE SALAD
- GARLIC TOAST
- BANANA • MILK

17

- NACHOS, BEEF, & CHEESE
- SPANISH RICE
- BLACK BEANS
- TROPICAL FRUIT
- MILK

24

- SCRATCH-MADE MAC & CHEESE
- BAKED JUMBO PRETZEL
- VEGGIES & DIP
- PINEAPPLE • MILK

31

Thursday

- SOFT TACO BAR
- TORTILLA CHIPS & SALSA
- CORN
- PEACHES
- MILK

4

- "ST. JOHN'S" BURGER & TOPPINGS
- MULTI-GRAIN CHIPS
- GREEN BEANS
- BANANA • MILK

11

- BRUNCH FOR LUNCH
- FRENCH TOAST STICKS
- BACON
- SCRAMBLED EGGS • YOGURT
- PEACHES • MILK

18

- ALL BEEF HOTDOG & CHILI
- MULTI-GRAIN CHIPS
- VEGGIES & DIP
- CINNAMON APPLE SAUCE
- MILK

25

- FEBRUARY 1-
- SAUSAGE, GRAVY, & BISCUIT
- SAUSAGE PATTY
- H.BROWN PATTY
- APPLE • MILK

- PAPA JOHN'S PIZZA
- SALAD BAR
- GRAPES
- FRESH BAKED CHOCOLATE CHIP COOKIES • MILK

5

EARLY DISMISSAL
LUNCH SERVED TO
PRESCHOOL ONLY

12

- PAPA JOHN'S PIZZA
- SALAD BAR
- APPLE
- ICE CREAM CUPS
- MILK

19

- PAPA JOHN'S PIZZA
- SALAD BAR
- ORANGES
- CHOCOLATE CAKE
- MILK

26

- FEBRUARY 2-
- PAPA JOHN'S PIZZA
- SALAD BAR
- ORANGES
- FRESH BAKED CHOCOLATE CHIP COOKIES • MILK

